



Basque Country Walks

DISCLAIMER FORM

BASQUE COUNTRY WALKS has done everything possible to ensure that participants have a rewarding experience by providing full, detailed instructions, maps and coordinates for the self-guided walking holiday_____. We wish to stress, however, that hiking in any hilly/mountainous terrain is not without risk and certain risks are inherent in any such activity, which can be the cause of loss or damage to your personal property, or accidental injury, or in extreme cases, permanent trauma or death.

In booking the self-guided walking holiday_____, I agree to indemnify and hold harmless BASQUE COUNTRY WALKS from all claims, damages, losses, injuries and expenses arising out of or resulting from participation in this activity.

I affirm that I am aware of the nature of this activity, its length, duration and degrees of difficulty and that I am properly equipped and physically able to participate. I have no medical or other condition which might preclude my participation.

I accept that all hiking over hilly/mountainous terrain can entail the risks described above, whereby I have arranged a suitable **travel insurance policy** that includes **walking over hilly/mountainous terrain up to 1000 metres** that is **valid for Spain and the French Pyrenees**, and includes emergency evacuation.

I, _____, of my own free will have read, understand, and acknowledge the risks and liability for myself in participating in the self-guided walking holiday _____ organised by BASQUE COUNTRY WALKS commencing on _____ and terminating on _____,

Address: _____

Town/city: _____ County/State: _____

Postcode/Zip code: _____ Country: _____

Phone: _____

In case of emergency please contact: _____

Phone: _____

Signature

Date

Please complete one form for each participant and sign and return it to BASQUE COUNTRY WALKS